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Introduction

- Mucormycosis is a rare, aggressive fungal infection caused by Mucorales fungi; commonly found in soil, decaying matter, and food [1,2].
- Primarily affects immunocompromised individuals, especially those with poorly controlled diabetes (DM) or diabetic ketoacidosis (DKA) [3].
- Rhino-orbito-cerebral mucormycosis (ROCM) often begins with facial pain, progressing to fever, headache, and altered mental status [3-5].
- Rapid intervention is critical for Rhino-orbito-cerebral mucormycosis (ROCM) ; standard care includes systemic amphotericin B and aggressive surgical debridement, often with orbital exenteration [2-10].
- In India, ROCM cases surged during COVID due to corticosteroid use and uncontrolled diabetes, creating a need for alternative treatments like transcutaneous retrobulbar injection of amphotericin B (TRAMB) [2,7,11].
- Studies show TRAMB preserves vision, halts disease progression, and offers an alternative to orbital exenteration [2,7-12].
- This case examines TRAMB’s role in stabilizing ROCM pre-operatively, supporting less invasive surgical interventions and preserving ocular function.

Discussion

- ROCM traditionally requires aggressive debridement, often with orbital exenteration [2,6-10].
- Studies, including Sharifi et al. (2022), show TRAMB as an effective adjunct, achieving a 95% globe salvage rate with minimal side effects [2].
- Liposomal Amphotericin B enhances tissue delivery through lipid vesicles, allowing controlled release. However, its efficacy in necrotic areas is still limited due to poor blood supply [19,20].
- During the patient’s reluctance to proceed with surgery, TRAMB was employed to stabilize fungal growth, improve symptoms, and prevent further orbital complications, successfully stabilizing vision and reducing orbital fungal load, though it did not affect intracranial progression (Figure 3).
- Sinus irrigation are not effective because necrosis limits drug penetration in the already poor vascularized sinuses [15-17].
- Contrarily, orbital injections are effective due to the eye’s rich blood supply and orbital fat, supporting better drug distribution.
- TRAMB serves as a valuable adjunct to debridement for stabilizing orbital disease and avoiding the need for exenteration, even with intracranial progression.

Case Presentation

- A 29-year-old male with a history of DM presented with DKA, altered mental status, and dyspnea.
- CT imaging showed extensive mucosal thickening in the right ethmoid, frontal, and sphenoid sinuses, with dehiscence through the orbital wall and cribriform plate, extending into the right frontal lobe—indicative of invasive fungal sinusitis.
- Initial treatment included intravenous vancomycin, piperacillin/tazobactam, and amphotericin B.
- A bedside biopsy confirmed mucormycosis was confirmed intraoperatively.
- Upon arrival, the patient exhibited right proptosis, V2 hypoesthesia, motility deficits, and vision of 20/40 in the right eye.

Day	Dose	Vision (right Eye)	Pupils (right eye)	EOM	Treatment Notes
1	-	20/40	no APD	-2 abduction limitation, other movement intact	Initial consideration for intraorbital amphotericin B injections for preventative measures. Grade 1 orbital involvement, was likely grade 2 prior to debulking. Close monitoring.
1	-	20/30	no APD	-1 abduction limitation, otherwise full	Vision is stable in right eye, does note some double vision when looking right.
2	Dose 1	20/100	+ APD	-3 abduction, -4 infra abduction	Vision worsened drastically, new APD OD. Injection of 1 ML of 3.5 mg lipo ampho B performed.
3	Dose 2	20/100	+ APD	-3 abduction, -4 infra abduction	Vision stable, APD stable. Injection performed.
4	Dose 3	20/40	+ APD	-	Vision greatly improved. Injection performed.
6	Dose 4	20/50	-	2+ APD (improved reaction) abduction deficit stable	Vision still stable. Injection performed.
9	-	20/50	+	2+ APD (improved reaction) -2 abduction improved	Continued improvement in vision and motility. Decided to hold injections for now but monitor closely.
10	Dose 5	20/40	-	1+ APD (improved reaction) -2 abduction improved	Another injection performed. Vision and motility have had continued improvement.
17	-	-	-	-	Performed surgery: bicoronal craniotomy, right optic nerve decompression, right orbitotomy, intracranial resection of necrotic tissue. Intraop noted significantly less extension of necrotic tissue in the orbit, minimal orbital debridement required.

Figure 1: Table of the Treatment Course of 1 mL of 3.5 mg liposomal amphotericin B injections performed in the supramedial orbit. Documents clinical improvements of vision from the injections.

Course of Treatment

- An expanded endonasal approach (EEA) was used to debride the fungal infection in the anterior skull base.
- In the days following, the patient’s vision deteriorated to 20/100, with the development of an afferent pupillary defect (APD), indicating optic nerve compromise.
- MRI scans revealed residual disease in the extraconal and intraconal orbit with infection extending along the right anterior skull base.
- The patient received TRAMB therapy (1 mL of 3.5 mg liposomal amphotericin B injections).
- Visual acuity improved to 20/40 by the third injection, and APD and motility deficits became less pronounced. However, MRI scans showed continued intracranial disease progression despite orbital improvements.
- After five TRAMB injections, the patient consented to further surgery, which was performed one week later (Figure 1).
- Surgical procedures included bicoronal craniotomy, right optic nerve decompression, right orbitotomy, intracranial resection of necrotic tissue, and titanium mesh orbital wall reconstruction.
- Intraoperatively, minimal orbital debridement was needed due to reduced necrotic tissue and fungal load in the orbit (Figure 2).
- Post-operatively, the patient showed gradual vision improvement, stabilization of APD, and decreased proptosis as confirmed by follow-up imaging (Figure 3). Continued intravenous amphotericin B was administered for infection control.

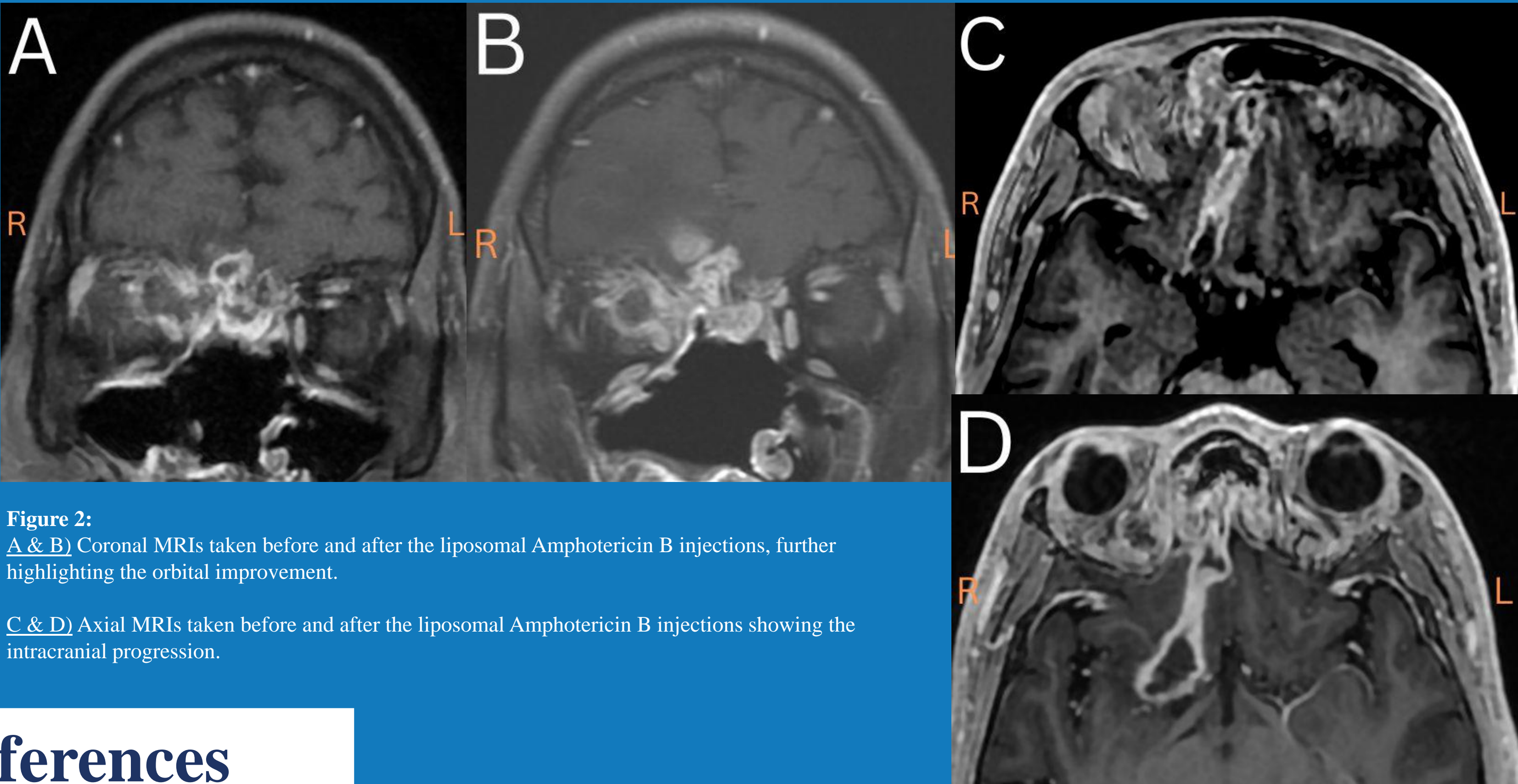


Figure 2: A & B) Coronal MRIs taken before and after the liposomal Amphotericin B injections, further highlighting the orbital improvement.

C & D) Axial MRIs taken before and after the liposomal Amphotericin B injections showing the intracranial progression.

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