

# Lateral orbitotomy in a pediatric patient for a complex CSF leak via superior orbital fissure and foramen rotundum following delayed failure of expanded endoscopic endonasal transpterygoid repair

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# **Clinical background**

- 3-year-old female; previously fit and well  $\bullet$
- Initially presented with recurrent chest infections and intense persistent cough (subsequently being diagnosed with chronic bronchiolitis obliterans)
  - CSF rhinorrhea one month later
  - Persistent episodes of wheeze and respiratory tract infections necessitating PICU admission and intubation
  - Patient considered candidate for lung transplant
- Initial CT and MRI failed to show the site of leak  $\bullet$
- Examination under general anesthesia with intrathecal fluorescein  $\bullet$ 
  - Site of leak not obvious
- CT cisternogram showed leak predominantly from the right Superior Orbital Fissure (SOF) and potentially in • the perimaxillary nerve area (Foramen Rotundum, FR) (Fig 1A)
- Expanded endoscopic endonasal (EEA) and right sided transpterygoid approach with vidian nerve sacrifice  $\bullet$ and CSF leak repair with nasoseptal flap

 $\bullet$ 

Zygomati Process

Frontal

Frontozygomatic Suture

of zygomatic bone

**Retracted Orbital Contents** 

# **Rationale for procedure**

#### **Clinically indicated**

- Recurrent leak despite initial repair with nasoseptal flap
- Persistent CSF leak considered contributing factor for chronic bronchiolitis obliterans and decline in respiratory status
- Area around the SOF/FR and the perimaxillary area
- Young age
- Advantages

Orbit

GWS

Zygomatic Bone

- Direct access to the leak point via interdural dissection
- Minimize issues with temporalis muscle wasting and craniotomy
- Upper eyelid skin crease incision better tolerated

- Normal postoperative cisternogram
- Recurrence of leak 14 months later leading to planned open lateral transorbital repair (Fig 1B)  $\bullet$

## Key surgical steps

Upper eyelid skin crease incision taken laterally to expose full lateral orbital rim



Identification and division of meningoorbital band



Lateral orbital osteotomy with preservation

Interdural dissection and peeling of middle fossa/ temporal dura from lateral wall of cavernous sinus



Good anticipated aesthetic outcome



Drilling of sphenoid ridge to unlock the SOF



- Sacrifice of the maxillary nerve







#### Closure

- Use of fat around the SOF and FR
- Dural substitute (inlay/ overlay)
- Fascia as overlay  $\bullet$
- Confirmation of leak cessation via intraoperative nasal endoscopy









- Lateral orbital rim secured with plates and screws
- Skin closure

### Outcome

- 10 month f/u
- No further CSF leak
- Respiratory symptoms in remission



Figure 2. Post-op MRI

showing no CSF under flap.

### Conclusions

- Initial chronic cough associated with chronic bronchiolitis may have led to raised pressure and CSF leak which then contributed to ongoing cough with CSF aspiration thereby worsening the disease cycle
- Lateral orbitotomy is a useful approach to access area around the SOF and V2 and middle fossa

- No further admissions to ICU
- No evidence of ophthalmological disturbance or extraocular muscle function disturbance

## Contact

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- It can be used safely in pediatric population with good outcomes
- Good cosmetic outcome with surgery in conjunction with oculoplastic surgeons •

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